

Learning to Share

Learning to share is not a skill we master as children, but is a skill that develops over a lifetime.

Why a child might not want to share??

♣ A child who acts selfish may have a reason. Keep in mind that our mood affects our behavior; their moods can also affect their behavior.

♣ They may not know how to come up with a solution.

♣ Jealousy

These and many more are reasons a child has difficulty sharing. It's time to pull together as a family and help your child work through some of these real and normal issues.

♣ Do a Family project. This behavior can display to the child that they can have fun with a group of people if they share and work together.

♣ If jealousy is an issue for your child, take the time to deal with it. The problem will only get worse if it is allowed to foster. Acknowledge how the child feels and allow the feelings to be explored. After all, it's not the feeling of anger that gets us in trouble; it's how we deal with it!! Think about how you can give the child more special time. Singing songs, read them a book, or schedule a special event for him/her.

♣ Remember that sometimes we are not the best at displaying healthy behaviors. Our actions can affect our children. Being aware of this can help because you can then work out solutions as a family.